



Annual Report and Plan for **Community Benefit**

Fiscal Year 2018 (January 1, 2018 - December 31, 2018)



 BeverlyHospital

70
Years
1949 2019

BEVERLY HOSPITAL



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For submittal by May 31st, 2019 to:
Office of Statewide Health Planning & Development · Healthcare Information Division
Accounting and Reporting Systems Section · Sacramento, California



Mission

Beverly Hospital's mission is to provide compassionate and quality health care.

Vision

Our vision is to be a quality driven, patient centered, community-based health system focused on growth, collaboration, and innovation.

Values

- Teamwork
- Integrity
- Innovation
- Respect
- Excellence
- Service

About Beverly Hospital

Located in Montebello, Beverly Hospital is an award-winning, nationally recognized nonprofit hospital that serves Montebello, East Los Angeles, Pico Rivera, and the surrounding communities. The hospital has 202 licensed beds and provides a full range of inpatient and outpatient care. From emergency services and hospitalization to outpatient procedures, Beverly Hospital offers the latest technology for diagnostic and treatment options. A medical staff of over 300 physicians, representing a wide spectrum of specialties, is supported by experienced and dedicated employees and volunteers. As part of our team, they each strive to deliver high-tech, high-touch services, preventive education, and quality patient care.

Beverly Hospital is accredited by Det Norske Veritas (DNV) and is an ISO 9001:2008 certified organization. We provide services driven by the health needs of the community. Having a strong presence in our community has been critical to our success for over 69 years. Over time we have not only updated the way we deliver basic health care, but by reaching beyond the walls of our hospital and working with other like-minded organizations, we seek to continuously meet the changing needs of our community.

Services Offered

- Cardiac Care
- Emergency Care Center
- Hensel Maternity Center
- Intensive Care
- Medical and Surgical Services
- Pediatrics
- Radiology Diagnostic Services
- Senior Services
- Urgent Care and Industrial Medicine
- Women's Pavilion and Breast Center
- Wound Care and Hyperbaric Medicine
- Women's Care Center and Family Care Center (January 1, 2018 - September 30, 2018)¹

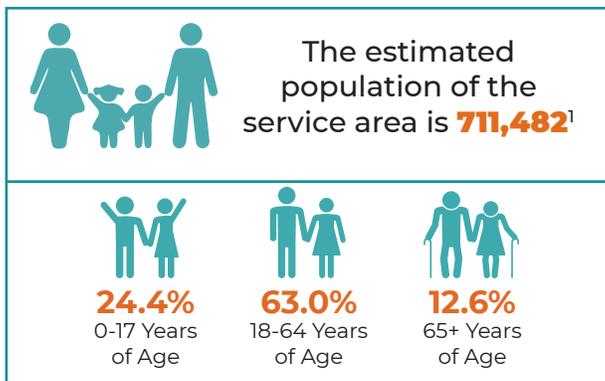
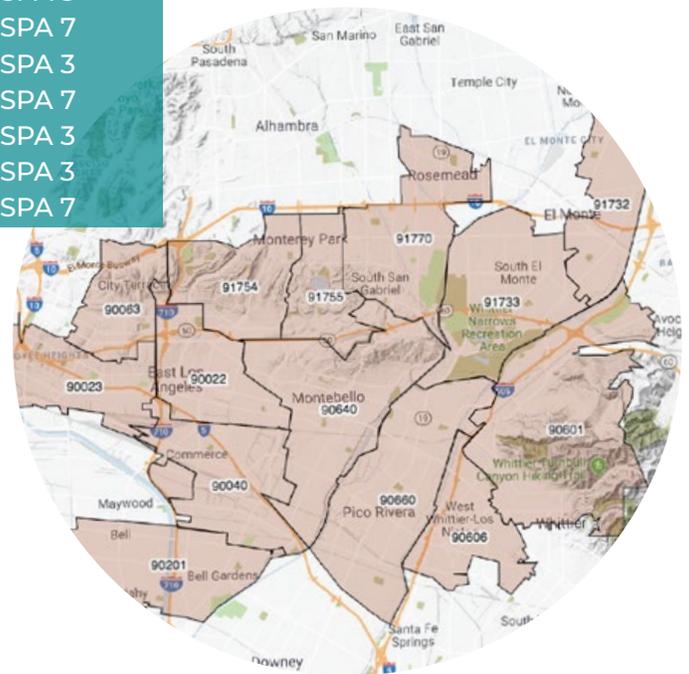
¹On October 1, 2018, Women's Care Center and Family Care Center merged to be BeverlyCare Center and became a separate entity from Beverly Hospital.



Service Area

Beverly Hospital is located at 309 West Beverly Boulevard, Montebello, California 90640. Its service area includes 14 ZIP codes which include 11 cities or neighborhoods. The service area covers portions of Service Planning Areas (SPAs) 3 (San Gabriel), 4 (East LA) and, 7 (South and East LA) in Los Angeles County.

| CITY | ZIP CODE | SPA |
|---------------------|---------------------|-----------|
| Bell / Bell Gardens | 90201 | SPA 7 |
| Commerce | 90040 | SPA 7 |
| East Los Angeles | 90022, 90023, 90063 | SPA 7 & 4 |
| El Monte | 91732 | SPA 3 |
| Montebello | 90640 | SPA 7 |
| Monterey Park | 91754, 91755 | SPA 3 |
| Pico Rivera | 90660 | SPA 7 |
| Rosemead | 91770 | SPA 3 |
| South El Monte | 91733 | SPA 3 |
| Whittier | 90601, 90606 | SPA 7 |



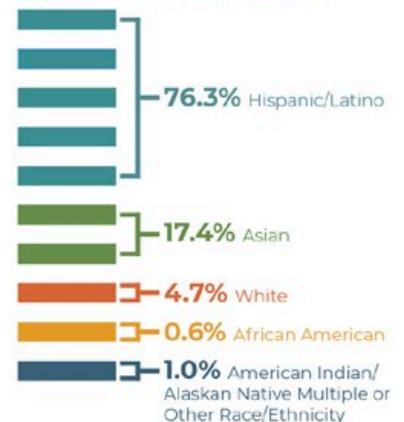
Education Ages 18+



Language Spoken at Home Other Than English Ages 5+



Population Ethnicities



¹All information came from 2017 estimates in the 2013-2017 American Community Survey 5-Year Estimates. Retrieved from https://factfinder.census.gov/faces/nav/jsf/pages/community_facts.xhtml



Community Health Needs Assessment

Beverly Hospital completed a Community Health Needs Assessment (CHNA) in 2016 as required by state and federal law. California Senate Bill 697, the Patient Protection and Affordable Care Act, and IRS section 501(r)(3) require tax exempt hospitals to conduct a Community Health Needs Assessment and develop an Implementation Strategy every three years. The Community Health Needs Assessment is a primary tool used by the hospital to determine its community benefit plan, which outlines how it will give back to the community in the form of health care and other community services to address unmet community health needs.

Data Collection

The assessment incorporated components of secondary data analysis and primary data collection that focused on the health and social needs of the community. Secondary data was collected from a variety of local, county, and state sources to present community demographics, social and economic factors, health care access, birth characteristics, leading causes of death, chronic disease, health behaviors, mental health and substance abuse, and preventive practices. These data points were presented in the context of Los Angeles County and California, framing the scope of an issue as it relates to the broader community. Additionally, the report included benchmark comparison data that measures Beverly Hospital data findings with Healthy People 2020 objectives.

Targeted interviews and focus groups were used to gather information and opinions from individuals who represented the broad interests of the community served by the hospital. Seventeen interviews were completed in June and July, 2016. Four focus groups were conducted in July 2016 and engaged 43 people. One of the focus groups was conducted in Spanish with a bilingual facilitator.

Priority Health Needs

The analysis of secondary data yielded a preliminary list of significant health needs, which were prioritized with input from the community. The following criteria were used to prioritize the health needs: the perceived severity of a health issue or health factor/driver as it affects the health and lives of those in the community; the level of importance the hospital should place on addressing the issue. Calculations totaling severity and importance scores from the community stakeholder interviews resulted in the following prioritization of the significant health needs:

1. Mental health
2. Access to care
3. Chronic diseases
4. Preventive practices

The Community Health Needs Assessment can be accessed at:
www.beverly.org/about-us/in-the-community/



Community Benefit Services Summary

Community benefit services promote health and healing and are focused on addressing the identified unmet health needs of the community. For a program or service to qualify as a community benefit it must: improve access to health care; enhance the health of the community; advance medical or health care knowledge; or reduce the burden of government or other non-profit community efforts.

In FY2018 (January 1, 2018 – December 31, 2018), Beverly Hospital provided community benefit activities within its service area. A summary of these activities follows:



Community Health Education

50+ Connection Program for Seniors

Beverly Hospital's 50+ Connection Program offers diverse lectures and social activities to increase healthy habits and reduce isolation among seniors. Services are offered in partnership with various organizations and cover a wide range of topics. In 2018, topics included: Estate Planning, Dementia Awareness, and Foot and Ankle Health. Social activities included monthly "Groovy movies" and quarterly games of Bingo or Loteria (Mexican Bingo). 544 seniors participated in 42 events.

Breastfeeding

As part of the Baby-Friendly Hospital Initiative (BFHI), Beverly is designated as a Baby-Friendly hospital. BFHI is a global program sponsored by the World Health Organization to encourage hospitals to promote breastfeeding as a best practice for newborn nutrition. The hospital has an ongoing training program that includes lactation consultants, nurse training, patient education, and support groups. In addition to providing education and support to every new mom delivering at Beverly's Hensel Maternity center, Beverly collectively hosted 20 breastfeeding education classes and breastfeeding support groups that reached 127 breastfeeding moms.

Community CPR (Cardiopulmonary Resuscitation) and First Aid

CPR and First Aid classes were offered in partnership with Whittier Unified School District, Montebello School District, the Boy Scouts of Montebello, and Ramona High School in Alhambra. In June, Beverly Hospital offered "Sidewalk CPR Training" in support of National CPR Day. As a result, 430 people received CPR and/or first aid training.



Diabetes Education Programs

Accredited by the American Association of Diabetes Educators, Beverly Hospital provides education on prevention, management, and treatment of diabetes to the community. Through the Sweet Success Program, the center offers counseling to mothers who have developed gestational diabetes during their pregnancies. Diabetes Counseling is offered in English and Spanish. Additionally, monthly lectures are conducted during the “Diabetes Wellness Hour” which teaches participants how to live a healthy lifestyle after being diagnosed with the disease. In 2018, 113 people received information, health education, and support through these services.



Beverly Hospital staff providing various free screening or health information to the public at health fairs.

Community Health Fairs

The hospital participated in 12 community health fairs and provided health education, screenings and information about services. Partnerships for the health fairs include: El Rancho Unified School District, Pico Rivera Senior Center Wellness Day, APC Diabetes Health Fair, Potrero Heights Senior Health Fair, Montebello Senior Center Health Fair, Pico Rivera Expo, YMCA Senior Health Fair, Superior Markets, Montebello Expo, and others. Over 2,830 individuals were reached at the health fairs.

KidsFit & TeensFit Program

The 9-week family-focused program helps children, teens, and their parents develop good nutrition and exercise habits. It is conducted in partnership with the Montebello-Commerce YMCA and is used as a resource by the Montebello Unified School District, Los Angeles County Department of Public Health, and local pediatricians. The program is geared toward two age groups: kids ages 7 to 11; and adolescents ages 12 to 18. A parent or caregiver is required to attend the nutrition sessions and youth are led by a certified YMCA instructor in physical activity at the gym. In 2018, an overall 428 children and parents participated in the program.



KidsFit kids playing outside at the Montebello-Commerce YMCA



Preventive Health and Community Lectures

Beverly Hospital partners with its team of experts to provide monthly health and community lectures each year. In 2018, 17 lectures were conducted which served 440 members of the community. Topics ranged from treatment of chronic diseases to utilizing public transportation.



Beverly Preventative Health and Community Lectures. In order from left to right: Dr. Ming-Lu Huang (Cardiac Health), Dr. Ganguly (Stroke), and Attorney John Pringle (Estate Planning)

Exercise Classes for Seniors

Beverly Hospital offers specialized fitness classes for seniors led by certified training instructors. All classes are offered at no cost to participants. In 2018, 63 sessions of Balance and Agility, Rock and Roll Muscles, Chair Aerobics and Zumba served 896 participants.

Maternal and Infant Health Education

A wide range of classes which support prenatal and infant care are offered at Beverly Hospital. Classes are offered in English and Spanish. These include: childbirth preparation, infant care, infant CPR, and infant massage. In 2018, these classes had 1,041 participants.

NAMI Family-to-Family Education

As defined by the National Alliance on Mental Illness (NAMI), NAMI Family-to-Family is a 12-session educational program for family, significant others, and friends of individuals living with mental illness. The program is designed to improve the coping and problem-solving abilities of the people closest to an individual living with a mental health condition. Beverly Hospital hosted 3 English and 2 Spanish 12-week sessions. There were 69 Spanish speaking participants and 203 English speaking participants for an overall 272 participants.

Smoking Cessation

Beverly Hospital hosted a 7-week Smoking Cessation Program which is designed to help participants lead a smoke-free life. The program offers a logical approach to “break the chain and kick the habit” that includes: effective ways to stop nicotine addiction; emphasis on changing behavior; and strategies to maintain a smoke free environment. 3 sessions were held and reached a total of 24 participants. The program was led by the Respiratory Department and supported by Marketing and Community Outreach.



Support Groups

The hospital offers support groups for bereavement and family caregivers of patients with long-term illnesses. The bereavement support group is in collaboration with VITAS Healthcare. One support group offers special emphasis on the care of family members with Alzheimer's/Dementia. 495 visits were made to monthly support groups.



(Left) A weekly Alzheimer's and Dementia Support Group Meeting. (Right) Wound Care Center Staff providing free foot screening and education to community member.

Wound Care Education

The Wound Care Center provides education for wound prevention and treatment. Due to the high prevalence of diabetes in the community, physicians and staff provided community lectures and set up booths at local sites or health fairs. At these locations, education on daily care and free foot screenings were provided to individuals living with diabetes.

Community Based Clinical Services

Blood Drives

In partnership with the American Red Cross, Beverly hosts quarterly blood drives each year. In 2018, the hospital collected 161 pints of blood which in turn helped 482 lives.

Breast and Cervical Cancer Screenings

Beverly Hospital offers breast and cervical cancer screenings at low and no-cost through the Family PACT and Every Woman Counts programs. In 2018, the hospital provided 1,886 screening mammograms and 558 diagnostics mammograms. From January 1st to September 30th, the Women's Care and Family Care Centers provided 141 cervical cancer screenings.

Preventive Screenings

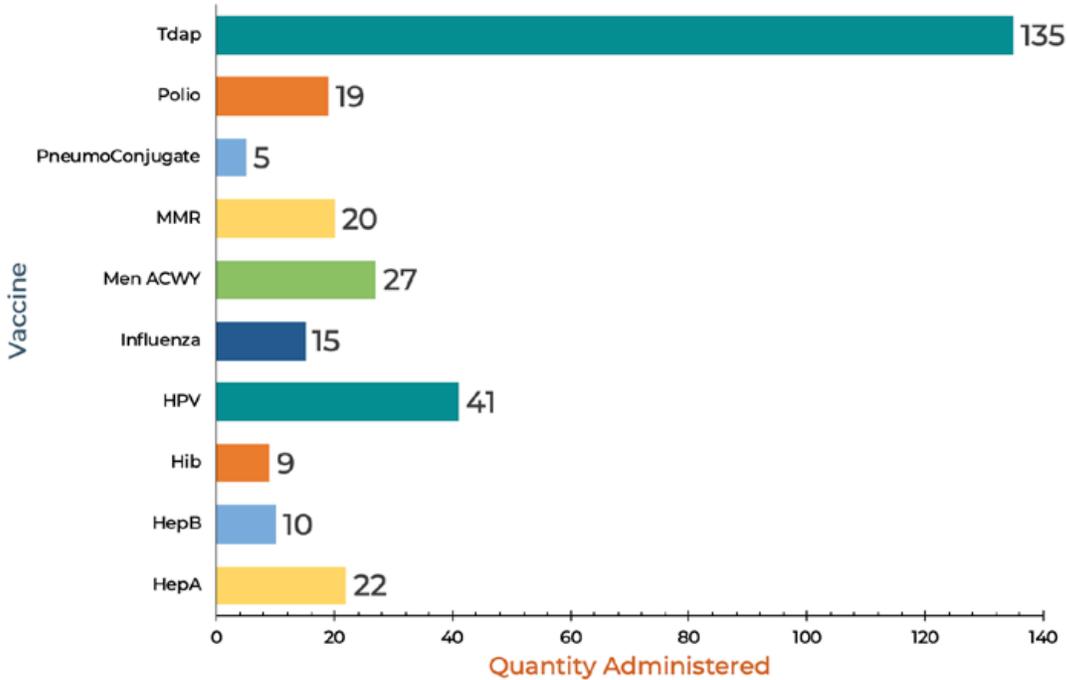
The hospital presents free blood pressure and glucose screenings along with basic health education at various community sites. Some sites include: Montebello Senior Center, Pico Rivera Senior Center, Montebello Senior Villas, Potrero Heights Community Center, and St. Alphonsus Church. In 2018, 1,285 blood pressure and 213 glucose screenings for a total of 1,498 screenings were provided.



Influenza Immunizations

Beverly Hospital hosted flu vaccine clinics for members of the community age 6 months and older. In 2018, Beverly administered vaccines on-site, at local schools, and at Pico Rivera Business Expo. A total of 115 people received the flu vaccine.

JAN - DEC 2018 CHILDHOOD IMMUNIZATIONS PROVIDED VIA COMMUNITY OUTREACH



| Age Group | Administered |
|-----------|--------------|
| 1 - 6 | 70 |
| 7 - 18 | 249 |
| Total | 319 |

Total immunizations provided increased from 142 (2017) to **319** (2018) due to expanding the number of sites visited.

Childhood Immunizations

As a Vaccine For Children (VFC) Provider, Beverly Hospital hosts monthly community vaccine clinics for infants and youth up to age 18. SB 277 requires that children be immunized in order to enroll into public school. As a result of SB 277 and to improve overall community wellness, Beverly increased efforts to assist school aged children in becoming vaccinated. In 2018, 319 immunizations were provided through these efforts.

Health Care Support Services



Infant Car Seats and Diaper Gift Bags

As part of maternity services, Beverly ensures that new parents have a car seat to transport their newborn infant home. For 2018, the hospital provided 420 car seats to families delivering at the Hensel Maternity Center. If the car seat was declined, a gift bag was provided to assist with the beginning stages of child care. 241 diaper gift bags were provided. Each bag contained 12 packages of newborn size diapers, diaper bag, and baby wipe holder.



Insurance Enrollment

In partnership with South Bay Health and Insurance Services (SBHIS) and the Los Angeles County Department of Public Health, Beverly Hospital provides enrollment assistance to patients for no cost or low-cost health insurance coverage programs. In 2018, the hospital assisted 288 people with enrollment and information for Medi-Cal.

Transportation

Beverly Hospital offers transportation in an effort to support access to care. Individuals from various hospital clinics and partnering AltaMed Clinics are eligible for transportation within a 15-mile radius of the hospital. In 2018, the hospital transportation van provided 2,148 rides. Additionally, 4,543 taxi vouchers. In November 2018, the hospital began covering Uber ride costs as another travel option for individuals. 242 Uber rides were covered by Beverly Hospital.

Education for Health Professionals

Education programs for physicians, nurses, nursing students, and other health professionals offered by the hospital throughout the fiscal year.



Demonstrating how to secure patient into medical sled at employee safety fair

Health Professions Education

Throughout the year, Beverly Hospital creates continuing education opportunities in order for health professionals to stay up to date on new medical and safety advancements. As a result, they can better address community health and wellness needs. Examples include, but are not limited to, stroke information updates, employee safety, or disaster preparedness training. In September 2018, Beverly Hospital's Wound Care Center held its first Amputation Prevention Summit and was well-attended by doctors, nurses, and other health care professionals from the community.



The summit highlighted the urgent nature of the diabetes epidemic and discussed ways health care professionals can reduce lower extremity amputations.



Nursing Education

The hospital serves as a site for nursing student training. In 2018, hospital staff served as preceptors for 484 nursing students. Students completed a combined 49,702 hours. RN students were from Glendale Career College, LA City College, LA Trade Tech College, Rio Hondo, or West Coast University. LVN students from CES College and Nurse Practitioner students from University of Phoenix also received training.



Nursing Skill Lab

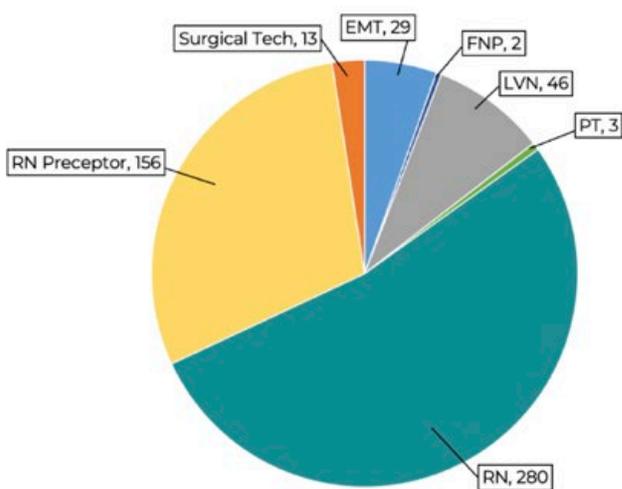
Clinical Education

Hospital staff collectively provided 7,360 hours of 1:1 instruction to 45 students from various health disciplines. Beverly hospital provided preceptors for students in the following fields:

- 13 Surgical/Scrub Technician students from Premier Career College completed clinical rotation
- 3 Physical Therapy students from American Career College received precepted training
- 29 Emergency Medical Technician (EMT) students from East Los Angeles College and Mt. San Antonio College obtained precepted training

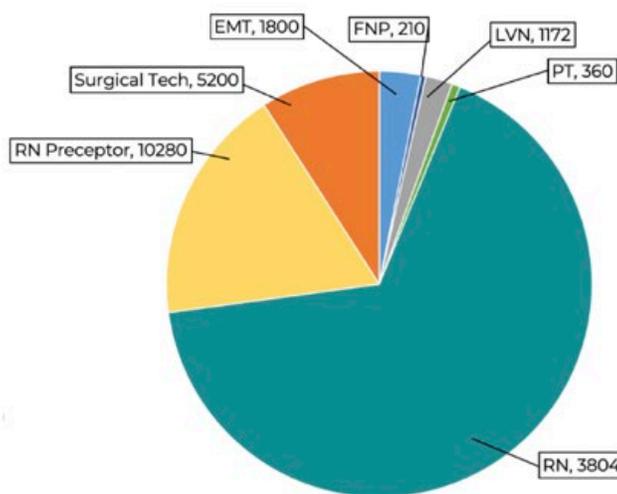
JAN - DEC 2018 NUMBER OF STUDENTS AND TIME STUDENTS SPENT WITH STAFF

Number of Students



Total Students: 529

Hours Spent 1:1 With Instructors



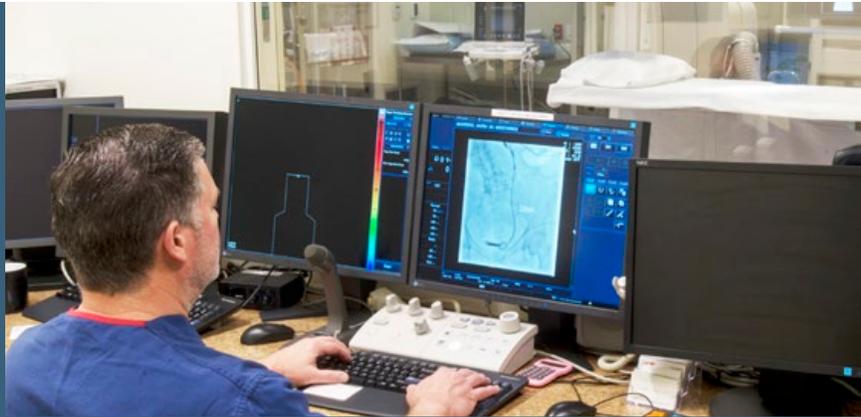
Total Hours: 57,062

- EMT
- FNP
- LVN
- PT
- RN
- RN Preceptor
- Surgical Tech

Total number of students increased from 423 (2017) to **529** (2018) and hours increased from 43,248 (2017) to **57,062** (2018) as a result of Beverly Hospital's interest in accommodating more future health care professionals.



Health Services: *Activities carried out to improve community health made available to the public which address a community need.*



Interventional Radiology Technologist post processing images from a Radiology Interventional Procedure.

24-hour Emergency Care Center (ECC)

Beverly's ECC is staffed with Board Certified physicians who are equipped to provide emergent care to all age groups regardless of the ability to pay for necessary treatment. The Emergency Care Center received 38,285 visits in 2018.

STEMI Receiving Center

Beverly Hospital is designated by the Los Angeles County Emergency Medical Services Agency as an accredited LA County STEMI (Heart Attack) Receiving Center by the Emergency Medical Services Agency (EMS). Local heart attack patients can be immediately treated instead of being diverted to hospitals further away. Collectively, 205 STEMI and Non-STEMI patients were treated in 2018.

Primary Stroke Center

As a Primary Stroke Center, ambulances no longer have to divert potential stroke cases to other facilities which improves timely access to care for patients in the community. In 2018, Beverly Hospital assisted 213 Stroke patients with 76 of them being Trans Ischemic Attack patients.

Hospital-based Clinics

Beverly Hospital's Women's Care and Family Care Centers are staffed with Board Certified Obstetrics and Family Medicine physicians. The clinics provided medical services to low income and uninsured patients. Publicly sponsored programs are offered to teenagers, pregnant mothers, adults, and seniors. Services included family planning, chronic disease management, prenatal care, adult immunizations, and general medical treatment. Both clinics served 1,800 patients from January 1, 2018 to September 30, 2018. On October 1, 2018, both centers merged and became BeverlyCare Center-a separate entity from Beverly Hospital.



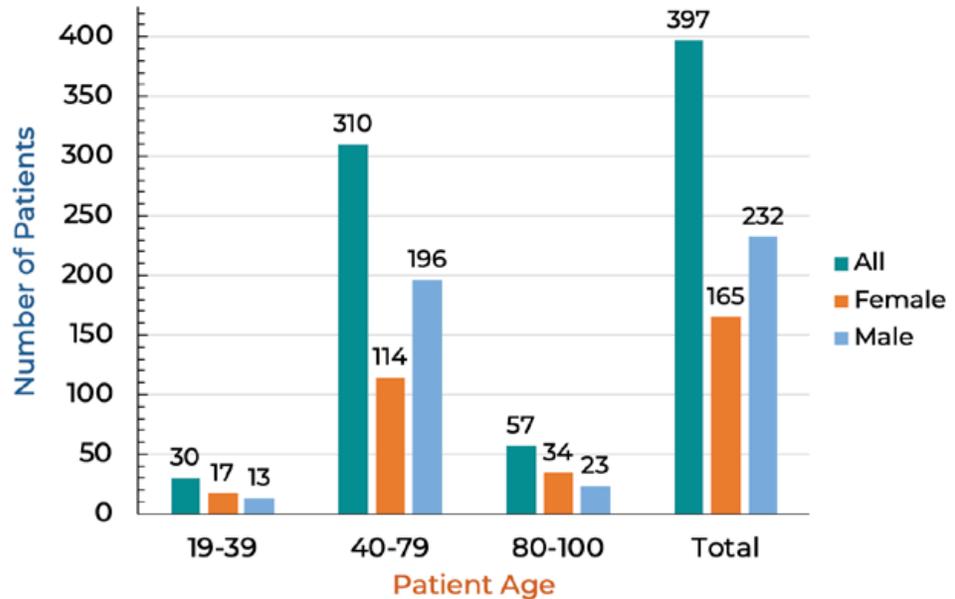
Dr. Lawrence Cohen checking a patient's heartbeat at the Women's Care Center.



Mental Health Services

In partnership with BHC Alhambra Hospital, Beverly Hospital covers care for patients requiring additional mental health services. In 2018, Beverly covered costs of necessary services for 197 patients not covered by Medicare or Medi-Cal.

JAN - DEC 2018 NUMBER OF PATIENTS TREATED AT WOUND CARE CENTER



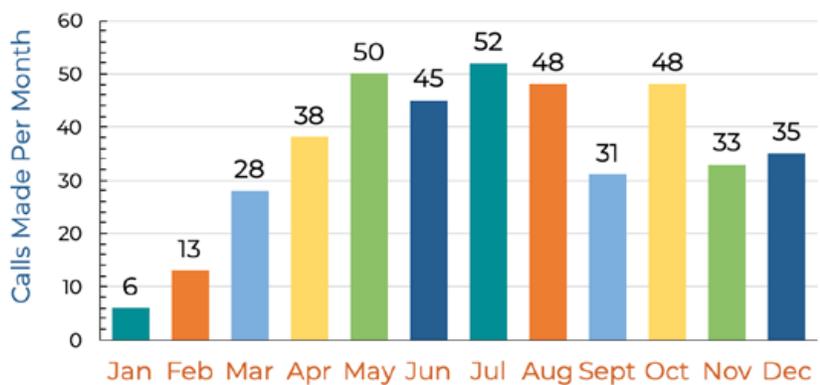
Rebecca Henson, RN, Clinical Nurse Manager, and Dr. Kelekian, DPM, with Selen Robles. With the help of Dr. Kelekian, infected tissue was removed and proper circulation was ensured to reach the portion of Robles's foot that could be saved.

Wound Care Center

Beverly Hospital has a comprehensive Wound Care Center that is dedicated to limb salvage and optimizing outcomes for patients with chronic, non-healing wounds. These wounds can be a result of injuries-such as burns and lacerations-and illnesses-such as diabetes, venous stasis, and peripheral vascular disease-. Service area members do not need to travel far to receive wound care, vascular intervention, and hyperbaric medicine therapy. A unique aspect of the center is it has readily available access to four hyperbaric chambers. In 2018, the center received 6,949 visits and provided treatment to 397 patients.

Tele-Psychiatric Services

Beverly Hospital offers a Tele-Psychiatry Program for the Emergency Care Center and inpatient units requiring a psychiatric consult. It allows for timely access to care and decreases length of stay for many patients. For 2018, the service was utilized 427 times.



JAN - DEC 2018 TELE-PSYCHIATRIC SERVICES UTILIZATION



Community Building

Activities: *Activities that improve the community's health and safety by addressing the root causes of health problems, such as homelessness, poverty, and environmental concerns. Support includes offering the expertise and resources of the hospital.*



Beverly Foundation (Far left and 2nd from right) delivering school supply donations to Fremont Elementary staff.

Economic Development

In 2018, the hospital provided support to the Chambers of Commerce in Montebello, Pico Rivera, Rosemead, Santa Fe Springs, City of Commerce, and Whittier. As part of the hospital's work with each chamber, hospital staff actively participate in events such as the annual Montebello Business Expo, the installation dinners for Montebello and Pico Rivera, and attend local business ribbon cutting ceremonies. In October, Beverly Hospital hosted an annual Chamber breakfast where the chambers from Commerce, Montebello, Pico Rivera, Rosemead, and Santa Fe Springs join to update local businesses on the various endeavors the hospital is undertaking.

Community Events

To increase community engagement, Beverly Hospital hosted events and encourage local members to participate. In February 2018, the hospital hosted a celebration called Beverly Babies to bring together those were born in the maternity center. The public had the opportunity to partake in festivities, speak with health vendors, and take a tour of the renovated Hensel Maternity Center. Over 250 people attended the event. A weekly Farmers Market was started to showcase healthy food options, local vendors, and hospital services to the community. For 2018, there was an average of 100 visitors per week.



Having a fresh produce vendor aligns with Beverly Hospital's belief in practicing healthy eating behaviors.

LA Partnership

Beverly Hospital is a member of the Los Angeles County Community Assessment Action Partnership. The LA Partnership evolved from the Community Health Needs Assessment (CHNA) work group and meets quarterly to share implementation and collaboration goals for improved county-wide public health outcomes. The group seeks to increase awareness and collaboration among hospitals to improve population health. As part of the partnership, the hospital attended quarterly meetings and Diabetes Work group.



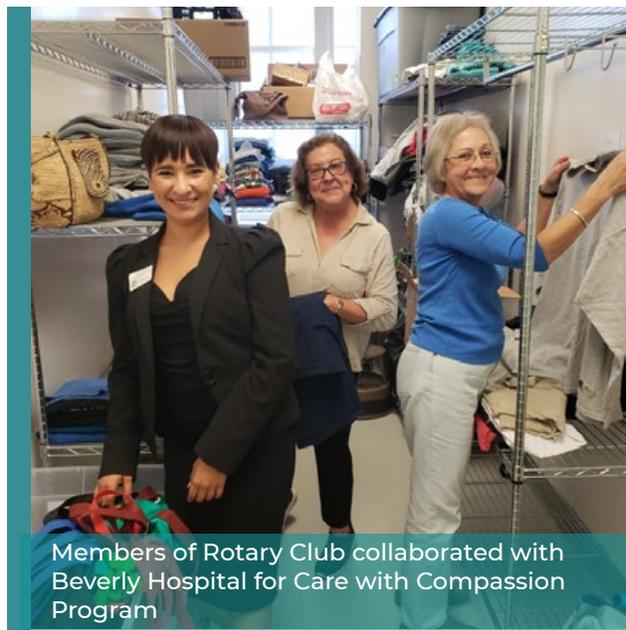
Students from Bell Gardens ROP CNA program.

Workforce Development

The hospital participated in a number of college and high school-hosted Health Care Career Days to provide information on health care careers. Institutions that were reached include: Applied Technology Center, El Rancho High School, Vail High Continuation School, and West Coast University in Anaheim and Ontario. These events reached thousands of students. Beverly Hospital served as a training site for 13 students from Bell Gardens Regional Occupational Program (ROP). It also provided training opportunities for 38 students interested in a career in health care through the Applied Technology Center Montebello High School Pathways program.

Community Partnerships

Beverly Hospital receives and extends support, such as services, supplies, or space, to like-minded community organizations with similar community health goals as the hospital's. Such organizations include local primary schools, colleges, service organizations, and more.



Members of Rotary Club collaborated with Beverly Hospital for Care with Compassion Program



Financial Summary of Community Benefit FY2018

Beverly Hospital community benefit funding for FY2018 (January 2018 – December 2018) is summarized in the table below.

| Community Benefit Categories | Net Benefit |
|--|---------------------|
| Charity Care/Financial Assistance ¹ | \$946,363 |
| Unpaid Costs Of Medi-Cal ² | \$0 |
| Health Professions Education | \$1,234,474 |
| Subsidized Services ³ | \$3,493,944 |
| Other for the Broader Community ⁴ | \$658,897 |
| Total Community Benefit Provided Excluding Unpaid Costs of Medicare | \$6,333,678 |
| Unpaid Costs Of Medicare ² | \$5,428,166 |
| Total Quantifiable Community Benefit | \$11,761,844 |

¹ Charity Care includes financial assistance to eligible patients for care at reduced or no cost based upon the individual patient's financial situation.

² Unpaid costs of public programs include the difference between costs to provide a service and the rate at which costs are determined and are based on the overall cost to charge ratio. Includes Quality Assurance Fee and Disproportionate Share.

³ Includes clinical programs that address an identified community need and where negative margins remain after removing financial assistance, bad debt, and Medi-Cal shortfalls.

⁴ Includes non-billed activities for vulnerable populations and the broader community such as community education, screenings, and health support services. Also included are staffing, cash and in-kind donations, and community benefit operations expense.



Community Benefit Plan for FY2018

As a result of the 2016 Community Health Needs Assessment process, priority health needs were identified that the hospital will focus on through its Implementation Strategy.

The Implementation Strategy spans the period 2017-2019. Beverly Hospital has undertaken the following strategies to address these health needs:



Kidsfit Kids from the Montebello-Commerce YMCA.

1. Access to Health Care
2. Chronic Diseases
3. Mental Health
4. Overweight and Obesity
5. Preventive Practices

Access to Care

Provide financial assistance through both free and discounted care for health care services, consistent with the hospital's financial assistance policy in the following ways:

- Provides transportation support to increase access to health care services
- To address health care access issues, Beverly Hospital offers information and enrollment assistance in the Covered California health care exchange and other low-cost insurance programs. The hospital provides information about Medicare benefits updates.
- Renovating the Emergency Care Center to double the number of ECC beds available and add two new rapid medical exam rooms
- It has partnered with health care providers to open an Urgent Care facility in Montebello.

Chronic Diseases

Beverly Hospital addresses chronic disease by taking the following actions:

- Through the Wound Care Center and Community Outreach, provides free diabetes education, hosts diabetes awareness events, including blood glucose screening and nutrition classes
- Offers CPR classes
- Hosts and participates in health and wellness fairs for seniors, including screenings
- Seeks to increase cardiac awareness through health education and screening tests to identify cardiac disease
- Hosts support groups to assist those with chronic diseases and their families
- Provides public health education in the media and community health awareness events to encourage healthy behaviors and prevent chronic diseases
- Achieved stroke center designation in 2017



Mental Health

Beverly Hospital addresses mental health by taking the following actions:

- Offers community health education, community lectures, presentations, and workshops
- Supports multi-sector collaborative efforts that support access to mental health services
- Increases community awareness of prevention efforts and availability of resources to address mental and behavioral health concerns

Overweight and Obesity

Beverly Hospital addresses overweight and obesity by taking the following actions:

- Offers community health education, community lectures, presentations, and workshops
- Hosts health and wellness fairs that include screenings for BMI, blood pressure, and blood glucose
- Supports the KidsFit & TeensFit program, a 9-week session to help overweight children and their families develop healthy eating and physical activity habits
- Provides nutrition classes for the community
- Supports increased breastfeeding education through the Baby-Friendly Hospital Initiative

Preventive Practices

Beverly Hospital addresses preventive practices by taking the following actions:

- Provides free health screenings
- Provides education and resources focused on healthy living and disease prevention to be offered in English and Spanish
- Provides education to teens on abstinence, birth control, sexually transmitted diseases and pregnancy prevention
- Offers free childhood immunizations and adult flu shots
- Provides TB testing
- Through hospital-based clinics, offers breast and cervical cancer screenings at low and no-cost for women through the Family PACT and Every Woman Counts programs
- Is pursuing Federally Qualified Health Care status for hospital-based clinics to provide primary care services to underserved populations



Alice Baldwin, Community Outreach Coordinator, ready to share information on hospital services and free programs with the community.



Community Partners

Beverly Hospital engages with community organizations to address the identified community health needs. We are pleased to work with our current partners as we explore opportunities to work with new partners.

- AltaMed Health Services
- American Association of Retired Persons (AARP)
- American Heart Association
- American Red Cross
- American Stroke Association
- Applied Technology Center
- Bell Gardens Chamber of Commerce
- Beverly Towers Apartments
- BHC Alhambra Hospital
- City of Montebello
- Commerce Industrial Council Chamber of Commerce
- East Los Angeles College
- El Rancho Unified School District
- LA County Department of Public Health, SPA 3 and SPA 7 collaboratives
- Los Angeles City College
- Los Angeles County Community Assessment Action Partnership
- Los Angeles County Department of Public Health
- Los Angeles Trade Tech College
- Montebello Chamber of Commerce
- Montebello Firefighters Association
- Montebello Police Department & EMS Agency
- Montebello School District Head Start Program
- Montebello Senior Center
- Montebello Senior Villas
- Montebello Unified School District
- Montebello-Commerce YMCA
- Mount San Antonio College
- National Alliance on Mental Illness (NAMI)
- Pico Rivera Chamber of Commerce
- Pico Rivera Senior Center
- Potrero Heights Community Center
- Premier Career College
- Rio Hondo College
- Rosemead Chamber of Commerce
- Santa Fe Springs Chamber of Commerce
- South Bay Health and Insurance Services (SBHIS)
- Saint Alphonsus Church
- Standbridge College
- The Special Supplemental Nutrition Program for Women, Infants and Children (WIC)
- The Whole Child
- University of Phoenix
- Victor Valley Community College
- VITAS Healthcare
- West Coast College
- West Coast University
- Whittier Area Chamber of Commerce



Evaluation of Impact

Beverly Hospital will monitor and evaluate the programs and activities outlined above. The hospital has a reporting process that includes the collection and documentation of tracking measures, such as the number of people reached/served, and efforts to address health needs. An evaluation of the impact of the hospital's actions to address these significant health needs will be reported in the next scheduled Community Health Needs Assessment.



Dave Martinez (2nd from the right) with family. Mr. Martinez received exceptional care from Beverly Hospital during his heart attack.



Contact Information

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Patient Centered, Quality Driven.



Since 1949, Beverly Hospital has served the residents of Montebello and much of the San Gabriel Valley. What started as an 18-bed maternity cottage has evolved to a full service hospital with more than 200 patient rooms. With newly remodeled private maternity suites, an expanded Emergency Care Center and continuous upgrades in equipment, the hospital has grown to keep pace with the changing needs of patients and the rapidly advancing technology of health care. To each of our patients and every member of our work family, thank you for being part of a 70 year legacy of caring.



Credits

Alice Cheng, FACHE, President and Chief Executive Officer

Debra DuRoff, FACHE, Administrative Director, Planning and Development

William Hung, MD, Community Outreach Medical Director

Veronica Ramirez, Director, Marketing and Community Outreach

Alice Baldwin, Community Outreach Coordinator

Derek Han, Provider Network Development Manager

Maianh Nguyen, Marketing Coordinator

Cindy Sanchez, RN, BSN, Community Outreach Nurse